Volume 39, Number 2

Lake Oswego, Oregon

October 2015

Lake Oswego Branch Officers 2015-16

Elected Officers

President Pat Squire (503) 675-9002

Program Vice President Margaret Bowman Ricks (503) 744-0977

Membership Vice President JoAnn Siebe (503) 608-2444

Secretary Jane Taft (503) 742-1653

Finance Vice President Anne Redman (503) 684-1210

Immediate Past President Judy Hale (503) 850-4433

Appointed Officers

AAUW Funds Lynn Rothert

Hospitality
Penny Hansen

Inter-Branch Council Judy Hale

Interest Group Coordinator Susan Hornung

Newsletter Editor Website Coordinator Stephanie Carter

Public Information Karen Rottink

Public Policy Coordinator Robi Ingram-Rich

University Liaison Carol Cooper

Website: lakeoswego-or.aauw.net Email: loaauw@gmail.com Facebook: facebook.com/ aauwlakeoswegobranch



State Representative Ann Lininger Women's Issues Legislation

Saturday, October 10

9:30 a.m. — Social Time 10:00 a.m. — Program

Oswego Heritage House "A" Avenue and 10th St., Lake Oswego

Representative Lininger was named to replace Representative Chris Garrett after he was appointed as a judge. She has served since early 2014.

She represents District 38, which includes Lake Oswego, and the SW Portland's Burlingame, Capitol Hill, Dunthorpe and John's Landing neighborhoods bordering Lake Oswego. She has been a public interest attorney, a Clackamas County Commissioner, an executive with the Meyer Memorial Trust, general counsel and vice-president at Oregon Iron Works, and an active volunteer. She co-chairs the 2015 Joint Committee to Implement Measure 91, a measure legalizing the adult use of marijuana. Other committees she serves on are the House Judiciary Committee, House Revenue Committee, and the Joint Committee on Tax Expenditures.

Representative Lininger's presentation will address legislative issues of particular interest to women voters.



Scouring the world for ideas to bring back to AAUW Lake Oswego.

President's Message

by Pat Squire, President

Dear AAUW Friends,

Over the past few years I have realized that AAUW is a new "home" for me. After I retired I wondered if I would ever feel as connected as I did to my job at Portland State. Now I feel like I have found my second home; I've bonded with many new friends, enjoy different interest groups, and am especially enthusiastic about programs that are related to our mission. There is still so much to learn, and we can all learn from our speakers and presenters.

The other thing I enjoy about AAUW is that we are all different - we come from different backgrounds, learn to enjoy different things (never thought I'd be so interested in TEA!), and have some different views and beliefs. But the things that bring us together are our common interests in seeing women and girls advance in every possible way: education, employment opportunities, leadership opportunities, and improved health care and living circumstances. And speaking of opportunities, I hear every day about how many of

you are helping women and girls in different circumstances, literally, around the world. I am always looking for new ways to engage many of us with AAUW. Several things that have come up recently are some new interest groups ideas: a crafts group, a "happy hour" (self-explanatory and purely social!), a mah jong group and a public policy/interest group. If you are interested in any of these (especially if you are willing to lead!), or you have other ideas, please contact our interest group coordinator, Susan Hornung, at susanhornung@hotmail.com.

If you have ideas for future programs or fundraisers, or other things you think we could be doing, I would love to hear from you (pfsquire@gmail.com). Thanks to all of you for your participation, and I look forward to seeing you soon.

Offers Installed at September Meeting

On September 12, AAUW State Co-Presidents Joyce Zook and Penney Hoodenpyle installed the new branch officers for the 2015-16 year. Of the "new" officers, only Margaret Bowman Ricks, the program vice president, is actually serving on the board for the first time.

Claudia Gray presented Karen Rottink with her Legacy Circle pin, which is given to members who include AAUW in their estate.



From left: Joyce Zook and Penney Hoodenpyle.

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Your 2015-16 Board, from left: Interest Group Coordinator Susan Hornung, Vice President-Finance Anne Redman, Public Information Karen Rottink, President Pat Squire, Website Coordinator and Newsletter Editor Stephanie Carter, Vice President-Membership JoAnn Siebe, Secretary Jane Taft, Vice President-Programs Margaret Ricks, Immediate Past President and IBC Liaison Judy Hale. Not pictured: AAUW Funds Lynn Rothert, Hospitality and Historian Penny Hansen, University Liaison Carol Cooper.



Meet Jackie Magner

by Karen Rottink

Jackie Magner is enthusiastic about AAUW, in part, because she is a "legacy" member. By that she means that her mother was an AAUW member in Arlington, Virginia, where she chaired the AAUW "International Coffees for the Foreign Embassy Wives." These meetings provided an opportunity for wives of foreign ambassadors to socialize and improve their speaking skills. Jackie learned about AAUW through her mother's work with AAUW.

Before moving to our area, Jackie was a member of the Carson City, Nevada, branch of AAUW. She learned of Nevada branch from a newspaper article about a huge chocolate fundraiser that branch of AAUW held every year. Sounds like fun, doesn't it?

She learned about our branch by reading a flyer posted at the Mt. Park Recreation Center. She has attended the Thursday book group and Delightful Dining and has enjoyed them very much.

A lifelong learner, Jackie earned a Ph.D. in Psychology and a M.A. in Theology. Jackie's scope and depth of psycho-spiritual knowledge and body- and energy-oriented techniques are described in her website, www.ENERGYNAMICS. com. Included are testimonials from clients living in the United States, Scotland, Britain, Italy and Australia. Jackie frequently travels to Britain.

A son and two grandchildren in Portland keep Jackie busy. She has two step-daughters, one in Atlanta and one in Austin. She also has a foster daughter in Reno with whom she plans to travel to Japan to celebrate Jackie's upcoming big birthday. Please welcome Jackie next time you see her at one of our branch events or monthly meetings.

AAUW, Twitter & Public Policy

by Robi Ingram-Rich

Responding quickly to support or influence legislation and other activity by elected officials is now primarily done via email, telephone or social media. Mail is diverted/processed away from the U.S. Capitol following the anthrax incidents. At the state or locally, the hard copy written word still arrives in 1-2 days with first class mail. Showing up for town halls is also an effective method to inform our elected representatives about the topics and issues that are important to you.

Become a Two-Minute Activist for AAUW (go to website aauw.org, then sign up under "public policy"). You will receive emails intermittently that will link you to petitions and letters addressed directly to your Senators and Congress(wo)man.

You can follow AAUW news and activities on Facebook, You Tube, Twitter and other social media options.

I use Twitter most often. Short headlines and messages (under 140 characters!) with links to more information about the story if you are interested. Twitter feeds are accessible on your smart phone, pad, tablet or computer. Recent tweets covered these topics: #ItsOnUs to stop sexual assault (Sept. 1), #WomensEqualiyDay re the passage of the 19th amendment/Women's Right to Vote in 1920 (Aug. 26), Black women's equally pay day (July 21), Keep the Title IX lesson going (Sept. 1) and Native American women's equal pay day (Sept. 8).

AAUW public policy for the next two years will center on:

- Civil Rights (equality, individual rights & social justice including affirmative action, the ERA, reproductive choice, LGBT equality, and ceasing human trafficking & hate crimes)
- Education (supporting a strong system of public education that promotes gender fairness, equity and diversity)
- Economic Security (so all women achieve economic self-sufficiency)
- Title IX (enforcement of Title IX and all other civil rights laws pertaining to education in athletics, sexual harassment and violence and single-sex education)

Protestors Attend September Branch Meeting

by Stephanie Carter

Alicia Temple, Policy Director of Planned Parenthood Advocates of Oregon ("PPAO"), was the featured guest at our September branch meeting. She came to share information about PPAO's advocacy on behalf of women's health in Oregon.

Recent legislation PPAO helped to pass in Oregon includes House Bill 3343, which makes Oregon the first state to require insurers to cover 12-month supplies of birth control. A 2011 study from the University of California-San Francisco found a 30% drop in unplanned pregnancies for women who have 12-month supplies of contraceptives instead of the typical 30- to 90-day refills many insurers currently cover. Why? Shorter refill periods may require multiple office visit each year, co-pays for

the visits and each refill, and lost work time for the office visits.

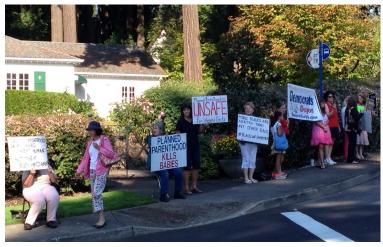
PPAO also helped to pass HB 2758, which gives any patient a choice of who they want communication about their health care sent to (e.g., limiting the information about treatment included on bills going to the insurance policyholder). That communication could include an explanation of benefits notice, information about their doctor's appointment or a description of the services provided.

Ms. Temple also spoke about Planned Parenthood's services. Despite the intense political focus on services related to abortions, all told, abortions comprise only 3% of all the services Planned Parenthood provides. That was a surprise to me! So, what other services does Planned Parenthood provide? Cancer screening and prevention (9%), STI/STD testing and treatment (42%), contraception (34%), other women's health services (11%), and other (1%). 2013-14 Annual Report.

Planned Parenthood fact sheets and reports are available from https://www.plannedparenthood.org/about-us/newsroom/fact-sheets-reports.

Prior to the meeting, the Board was informed that protestors would set up outside of the venue for a "silent protest." That information proved correct. The accompanying photo shows a number of the protestors who held signs and spoke with passersby.

During the question and answer session that ended the presentation, protestors placed flyers on car windows and invaded the meeting.



Protestors outside Heritage House on September 12.

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2015 LO AAUW Donation Form

Name						
Address						
City/State/Zip						
LOCAL SCHOLA	ARSHIP DONATION:					
\$	Donation Amount — Write check to <i>Lake Oswego AAUW</i> PLEASE NOTE: THIS DONATION IS NOT TAX DEDUCTIBLE					
NATIONAL AAU	W FUNDS DONATION:					
\$	Donation Amount — Write check to <i>AAUW Funds</i>					
ALL NATIONAL (CONTRIBUTIONS ARE FULLY TAX DEDUCTIBLE					
Giving unrestric	cted gifts to AAUW FUNDS (#9110) provides support where needed most, but you becific fund:					
[] #4336 Educ [] #9170 Elear [] #4337 Publi [] #3999 Lega	eral Foundation Support — Allocated where most needed ational Opportunities Fund — Supports fellowships and grants for Roosevelt Fund — Supports AAUW research studies c Policy Fund — Supports advocacy for laws fair to women l Advocacy Fund — Supports legal rights for those facing discrimination ership Programs Fund — Supports programs like NCCWSL					
	174 confer membership in the Oregon Century Club or above confer membership in the Oregon Century Club Plus					
Gifts of \$25 or friend or loved	more to either local scholarship or AAUW Funds may be designated to honor a one.					
This gift is a mo	emorial (deceased) to					
This gift is a tri	bute (living) to					
Acknowledgem	ent should be sent to:					
Name						
Address						
Send this form	and check to: LO AAUW, PO Box 416, Marylhurst, Oregon 97036					

Interest Group Activities

Fourth Tuesday Books 4th Tuesday at 11:00 a.m.

Date: October 27

Book: *Being Mortal* by Atul Gawande Location: Szechuan Kitchen, Lake Oswego For more information, contact Dixie Kroupa, (503) 697-8028, dixie.kroupa@comcast.net

Murder by the Book 2nd Wednesday at 12:00 p.m.

Date: October 13

Books: *Dreaming of the Bones* by Deborah Crombie

Location: 4949 Meadows Rd., Suite 200, Lake

Oswego

Leader: Jane Taft

Bring your lunch, refreshments provided. For more information, contact Jane Taft, (503) 742-1653, taft.jane@gmail.com or Stephanie Carter, (971) 285-5882, secarter1@gmail.com

Interpretive Books 3rd Thursday at 9:30 a.m.

Date: October 15

Book: *Being Mortal* by Atul Gawande Leader: Candace Newland-Holley Hostess: Candace Newland-Holley

Co-Hostess: Carol Cooper

For more information, contact Laura Eyer, (503)

982-3522, eyerlaura@gmail.com or Linda

Watkins, (503) 694-2334, l.and.m.watkins@gmail.

com

Thursday Evening Books 4th Thursday at 7:30 p.m.

Date: October 22

Book: A Backpack, A Bear and Eight Crates of

Vodka by Lev Golinkin

Introduction: Suzanne Kaveckis Hostess: Suzanne Kaveckis

For more information, contact Sandra Hoover, (503) 707-2984, sandraleehoover@comcast.net or

Suzanne Kaveckis, (503) 678-1641,

smkaveckis@icloud.com

Friday Books 4th Friday at 10:00 a.m.

Date: October 23

Book: The Girl on the Train by Paula Hawkins Location: West Linn Public Library (Bamboo Room)

Leader: Joan Waldron

For more information, contact Irene Romero, (503) 657-6159, ireneromero@mac.com

Portland Center Stage Date and Time Vary

Season ticket holders for the Portland Center Stage's Thursday matinees will enjoy a year of musicals, dramas and comedies. For more information, contact Betty Barber, (503) 675-0594, barberbc@yahoo.com

Laffalot Bridge 2nd & 4th Mondays at 1:00 p.m.

Date: October 12 & 26

If you would like to join or be added to the substitute list or for more information, contact Bettirae Willis, (503) 891-6232 (cell), bewillis@

easystreet.net

Third Wednesday Bridge 3rd Wednesday at 1:00 p.m.

Date: October 21

If you would like to be added to the substitute list, or for more information, contact Penny Hansen, (503) 636-7255, pennyhansen@comcast.net

Delightful Dining Date Varies

Date: October 31 at 6:00 p.m.

Loction: Home of Susan and Ken Hornung Join us for a festive fall feast. Delightful Dining is the group where members share the cooking and the costs. For more information, contact Jane Taft, (503) 742-1653, taft.jane@gmail.com

Exploring the Northwest Date Varies

Several times each year this group explores an Oregon site and enjoys a meal together. For more information, contact Sue Kinzett, (503) 706-8184 (cell), sezett@msn.com

October 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7 Board Meeting	8	9	Branch Meeting
11	12 Laffalot Bridge	13	Murder by the Book	15 Interpretive Books	16	17
18	19	20	Third Wednesday Bridge	Thursday Evening Books	23 Friday Books	24
25	26 Laffalot Bridge	Fourth Tuesday Books	28	29	30	31

AAUW'S Mission

Advancing equity for women and girls through advocacy, education, and research.

AAUW's Value Promise

By joining AAUW, you belong to a community that breaks through educational and economic barriers so that all women have a fair chance.

Branch Strategic Plan 2015-2016

The Board adopted this strategic plan on September 2, 2015, and is sharing it with the members for their input and participation.

Mission: Advancing Equity for women and girls through advocacy, education, philanthropy and research.

Overall goal for 2015-2016: We will strengthen our branch by increasing and retaining membership, which is a foundation for success in increasing funds for scholarships and embracing and communicating State and National AAUW goals.

- Goal 1. Increase and retain membership in our branch. Responsibility: JoAnn Siebe, Membership VP; committee: Barbara McDonald, others to be named.
- 1. Recruitment Goal: Five new members by March, 2016.
- **a.** Set up and staff an AAUW booth at the August 22 Lake Oswego Farmer's Market. Distribute brochures, talk with prospects about mission and activities of Lake Oswego Branch. Explore other opportunities for similar "set-up".
- **b.** Find ways to connect with people who are new to the community, or who are getting ready to retire.
- c. Work with Program Chair Margaret Ricks to plan:
- i. February branch meeting in conjunction with "Lake Oswego Reads" as an opportunity for recruitment. Board member speaks about Branch, mission, and activities and members greet guests and distribute brochures and business cards.
- **ii.** Fall activity/meeting to explore activities of branch: interest groups, meetings, speakers.
- iii. Establish a "bring-a-friend (prospective member)" event at one meeting a year (encouraged by proposal from current members of who volunteer to provide a "matching grant" to the scholarship fund for x\$ per prospect brought).
- **d.** Work with Publicity Chair Karen Rottink to continue great publicity (articles and letters to editor in LO Review, posting flyers around community announcing meetings and speakers, calendar items):
 - i. In and around Lake Oswego

- **ii.** In other communities and newspapers, i.e., West Linn, Charbonneau, Marylhurst.
- **e.** Work with Marylhurst Liaison Carol Cooper to strengthen relationships with Marylhurst to attract students, faculty and staff as members.
- 2. Engage and retain current members
- a. Welcome new members through a "friend" system, where new members are assigned a current member to help introduce them, involve them in interest groups and provide information.
- **b.** Inspire new members to engage through specific projects and use of their talents.
- c. Expand ways to participate by inviting non-active members to use their talents through committees or task forces.
- **d.** Recruit a group of greeters for each meeting.
- **e.** Continue to showcase new members in newsletter profiles.
- **f.** Continue to feature stories of activities of members in newsletter.
- **g.** Work with Webmaster to improve website so it provides additional timely, interesting and engaging information for all members.
- h. Work with Program Chair Margaret Ricks to provide strong branch programming to engage members.
- i. Work with Interest Group Chair Susan Hornung to assign members of interest groups to speak on behalf of branch activities at their meetings.
- Goal 2. Organize fundraising events and efforts in order to increase funds for scholarships and AAUW Funds. Responsibility: Pat Squire, President; Anne Redman, Treasurer; Lynn Rothert, AAUW Funds Chair, Margaret Ricks, Program VP and others as assigned.
- 1. The Budget Committee will propose a fiscal year budget ASAP. (This should happen annually in March or as soon as possible in the spring.) (Committee Squire, Redman, Rothert, Hornung).
- **a.** Continue to support operations with funds raised through memberships and events.
- **b.** Continue to provide funds for two branch officers to attend State convention and consider funds for National convention.
- c. Ensure that reserves are not less than onehalf of one year's operating budget.

- **d.** National Funds: We will strive to increase our branch donations to National AAUW Funds, and those contributions shall not be less than to our local scholarship.
- **e.** Marylhurst and/or other local Scholarship: We will strive to increase our branch donations to the Marylhurst or other local scholarship.
- **2.** Program VP Margaret Ricks will work with Board to strategically coordinate programs to particular fundraising goals, such as for:
 - a. Holiday party
 - b. Marylhurst or other local scholarship
 - c. AAUW Funds
 - d. Spring Tea
- **e.** Other fundraising events or activities to be determined for purpose of expanding fundraising efforts to the greater community.
- **3.** Board to appoint task force to consider special fundraising campaigns for other goals, such as sending a student to the National Conference of Women Student Leaders (NCWSL).
- **4.** Board to consider creating an item to sell to other branches, i.e., scarf.
- Goal 3. Provide a stronger connection with AAUW National and State efforts for the purpose of promoting AAUW's mission and goals.
 Responsibility: Pat Squire; Robi Ingram-Rich,
 Public Policy Coordinator; Lynn Rothert, AAUW
 Funds Chair.
- 1. Provide a brief monthly report on current national and state activities, initiatives and goals at branch meetings and in monthly newsletters.
- **2.** Partner with local organizations such as League of Women Voters, ACLU, to feature a well-known speaker on Legislative Advocacy Fund issues.
- **3.** Develop and cultivate contact at AAUW National in order to:
- **a.** Get timely practical help on funds, IRS info, etc
- **b.** Publicize details of some special national activities, such as grants, LAF support, etc.
- **4.** Continue participation in Inter-Branch Council (Judy Hale).
- **5.** Encourage more people to participate in advocating locally (Lobby Day) and nationally (for example, provide an "advocacy training session").

Administrative Goal: Provide for leadership continuity for the branch (Board).

- 1. Create position descriptions for elected and appointed positions.
- **2.** Establish Nominating Committee early in the year to research and recruit for upcoming positions being vacated.
- 3. Provide training opportunities for officers.

Summary: These are the three major goals that the LO AAUW Board identified as our focus for the next year or two. Small work groups outlined the major action steps, and considered whether they are SMART. Most goals and steps are definitely:

Specific, Measurable, Achievable, (+plus Accountable), Relevant, and Time-bound. Several goals are stretch goals, and it will take a group effort for them to be achievable. While names are attached to specific items, it will be the responsibility of the Board to lead all efforts, and encourage participation by branch members.

Administrative Goals should be an immediate focus.

Adopted 9/2/15 by Board of Directors

Clackamas County Commissioners Pass Resolution Supporting Equal Pay for Women

by Karen Rottink

On July 16 the Clackamas County Commissioners passed a resolution supporting equal pay for women, based on a request and accompanying information provided by our branch. Commissioner

Martha Schrader, an AAUW member, introduced the resolution.



Branch Awards Scholarships to Two Marylhurst Students

by Karen Rottink

Our branch is awarding two scholarships this year, one to Daeh Christensen of Tillamook and the other to Jeannie Hansen of Oregon City. Both women are pursuing degrees at Marylhurst University and are single mothers raising children. Marylhurst University is a University Partner with our branch.

Ms. Christensen received both a national AAUW scholarship and our branch scholarship in 2013. For the past twenty years, she has been working with youth of all ages through coaching, mediation, parenting classes, and teaching groups for girls, as well as working in Sunday school and Special Education in the schools. Ms. Christensen parents her sixteen year old daughter. An avid outdoor enthusiast, Ms. Christensen has begun kite surfing recently. She will receive her Master's in Education with a focus on elementary education, a teaching license, and a reading endorsement in June.

This year Ms. Hansen is receiving her first branch scholarship. She is majoring in psychology and plans to help others when she finishes her bachelor's degree in June 2016. Parenting her three children and attending Marylhurst University are the most important aspects of her life.





From left: Daeh Christensen and Jeannie Hansen.

We congratulate Ms. Christensen and Ms. Hansen and wish them well on their academic journeys. We are happy to help support them as part of our mission to promote equity for women through education and philanthropy.



AAUW Lake Oswego P.O. Box 416 Marylhurst, OR 97036

October 2015 Newsletter