

*Lake Oswego Branch Officers*

2015-16

*Elected Officers*

President

Pat Squire  
(503) 675-9002

Program Vice President

Margaret Bowman Ricks  
(503) 744-0977

Membership Vice President

JoAnn Siebe  
(503) 608-2444

Secretary

Jane Taft  
(503) 742-1653

Finance Vice President

Anne Redman  
(503) 684-1210

Immediate Past President

Judy Hale  
(503) 850-4433

*Appointed Officers*

AAUW Funds

Lynn Rothert

Hospitality

Penny Hansen

Inter-Branch Council

Judy Hale

Interest Group Coordinator

Susan Hornung

Newsletter Editor

Website Coordinator

Stephanie Carter

Public Information

Karen Rottink

Public Policy Coordinator

Robi Ingram-Rich

University Liaison

Carol Cooper

Website: lakeoswego-or.aauw.net

Email: loauw@gmail.com

Facebook: facebook.com/  
aauwlakeoswegobranch



Photo: Will Fuller, Board Member, Elders in Action

*"You Have the Power to Protect Yourself"  
(from financial fraud)*

Saturday, November 14

9:30 a.m. — Social Time; 10:00 a.m. — Program

Oswego Heritage House

"A" Avenue and 10th St., Lake Oswego

Have you ever received a letter, an email or a phone call and thought, "That's unusual"? If you have, then you have taken the first step towards protecting yourself from financial fraud. Learn how you can avoid the latest scam, what to do if you see something suspicious and how you can stop future abuse in your community. You have the power to protect yourself and your loved ones.

Will Fuller serves on the Board of Elders in Action. He has volunteered for over 10 years as a personal advocate, age-friendly evaluator and community engagement speaker. He has represented Elders in Action on advisory bodies for initiatives like the Aging and Disability Resource Connection and the Bridge Meadows multi-generational community in North Portland for foster children. He also advocates for strong public education. Elders in Action is a nonprofit organization serving Multnomah, Washington and Clackamas Counties. It advocates for older adults, provides meaningful volunteer opportunities and works to help businesses and local governments in these communities be more age-friendly.



Photo: At Château de Chenonceau, “The Château des Dames” built (1510), designed, enhanced and protected by four incredible women in the Loire Valley in France.

## *Squire's Scriblings*

by Pat Squire, President

Learning has always been an important part of my life, as a student, as an adult in different careers, and as exploration for personal satisfaction. I have taken classes for all sorts of things, including real estate, literature, transcendental meditation, photography, and even how to sell on eBay. Travel is another fabulous way to learn! Life-long learning was a major focus of my position at Portland State University (PSU), and I was always inspired by the many senior adults who chose to audit classes at PSU.

Life-long learning is also a major asset of belonging to AAUW. In addition to learning about issues relating to the advancement of women and girls, most AAUW members have many interests and pursue them with relish through our many activities. I have always been a mystery reader, but have discovered many wonderful “new” authors through the mystery book group.

So if you're not part of an interest group now, you might want to explore (i.e., visit) some of the groups to determine if they might be a good fit for you. And if you haven't been to a Saturday meeting in awhile, there is always something new to learn at our monthly sessions. Our next meeting, November 14 at 10:00 a.m., features a volunteer from Elders in Action who will talk about something we all hear about but may not have experienced personally, “elder-fraud.” Think you know all about it? Maybe not!

I'm looking forward to seeing you soon. Don't forget our holiday gathering and fund-raiser at the home of Karen Rottink on Sunday, December 13, from 3:00-5:00 p.m.

### *A Bit About Château de Chenonceau*

Editor's Note: I had to smile a bit when I saw Pat's photo for this issue. I have been reading up on the Châteaux of the Loire Valley in preparation for my trip in January. Actually, many women contributed to the Château's construction and preservation. Five of them were:

- ◆ Thomas Bohier purchased the Château in 1513 and demolished all but the 15th c. keep. His wife Katherine Briçonnet oversaw much of the construction.
- ◆ King Francis I seized the Château for unpaid debts to the Crown. After Francis' death in 1547, Henry II offered the Château as a gift to his mistress, Diane de Poitiers. In 1555 she commissioned Philibert de l'Orme to build the arched bridge over the river.
- ◆ After King Henry II died in 1559, his strong-willed widow and regent Catherine de' Medici

forced Diane to exchange it for the Château de Chaumont. Queen Catherine then made Chenonceau her own favorite residence, adding a new series of gardens.

- ◆ In 1733 the estate was sold to a wealthy squire, Claude Dupin. His wife's (Louise Dupin) literary salon at Chenonceau attracted such leaders of the Enlightenment as the writers Voltaire and Montesquieu. The widowed Louise saved the Château from destruction during the French Revolution, preserving it from being destroyed by the Revolutionary Guard because "it was essential to travel and commerce, being the only bridge across the river for many miles."
- ◆ In 1864 Marguerite Pelouze, a rich heiress, acquired the Château. Around 1875 she commissioned the architect Félix Roguet to restore it. Between the restoration projects and her lavish parties, she exhausted her funds and had to sell.

### *Potential New Interest Group: Eat to Live*

by Susan Hornung

Eat to Live is based on high nutrient, unprocessed foods. It's a risk-free way to promote weight loss, eliminate cravings and overeating. It is a food style that protects against disease, promotes therapeutic effects to reverse disease and provides fast weight loss. Eleanor Kurtus is certified to teach Dr. Fuhrman's program. The group would consist of reading and discussing the principles, supporting each other, and recipe sharing and food tasting. If you are interesting in this new group, please contact Susan Hornung at 503 635-4893 or [susanhornung@hotmail.com](mailto:susanhornung@hotmail.com).

### *New Member Profile: Donna Needham*

by Karen Rottink

Donna Needham moved to Lake Oswego a few months ago. She recently joined AAUW and, so far, has attended the October monthly meeting as well as two book groups.

Oregon is a long way from where Donna grew up in Boston. She and her late husband, Merriill, had two children together. Her son and his family live in North Carolina. Her daughter and her family live in

Portland. Her daughter has a 6 year-old whom Donna feels privileged to live only three minutes away from now.



Much of her life, Donna lived in Washington, D.C. She worked as the U.S. House of Representatives Foreign Affairs Committee Assistant Protocol Officer. In that role, she coordinated meetings with U.S. Foreign Affairs Committee Representatives and foreign ambassadors, heads of state, and defense ministers. She also coordinated joint meetings with U.S. Senators, Representatives and foreign dignitaries. She met many world leaders and had her picture taken with them. She mentioned attending meetings with Boris Yeltsin, the Queen of Thailand, and Hosni Mubarak.

Donna later became the Confidential Assistant to Vice Chairman (subsequently Chairman) of the U.S. Merit Systems Protection Board which adjudicated appeals by federal employees regarding such things as denied benefits.

After Donna and Merrill retired, they moved to join friends in South Carolina where she earned a Bachelor's Degree from Clemson University in 2007 and a Master's Degree in 2009. She subsequently taught at Tri County Technical College in South Carolina.

When Merrill became ill, Donna took care of him at home for five years. He passed away in 2014. She is very proud of the loving care she provided him which helped him live at home with a better quality of life than institutional care would have provided.

Please introduce yourself to Donna when you see her at meetings. You will enjoy meeting such a friendly, caring, accomplished woman.

*2015 LO AAUW Donation Form*

Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

**LOCAL SCHOLARSHIP DONATION:**

\$\_\_\_\_\_ Donation Amount – Write check to *Lake Oswego AAUW*  
PLEASE NOTE: THIS DONATION IS NOT TAX DEDUCTIBLE

**NATIONAL AAUW FUNDS DONATION:**

\$\_\_\_\_\_ Donation Amount – Write check to *AAUW Funds*

ALL NATIONAL CONTRIBUTIONS ARE FULLY TAX DEDUCTIBLE

Giving unrestricted gifts to AAUW FUNDS (#9110) provides support where needed most, but you can choose a specific fund:

- #9110 General Foundation Support – Allocated where most needed
- #4336 Educational Opportunities Fund – Supports fellowships and grants
- #9170 Eleanor Roosevelt Fund – Supports AAUW research studies
- #4337 Public Policy Fund – Supports advocacy for laws fair to women
- #3999 Legal Advocacy Fund – Supports legal rights for those facing discrimination
- #4339 Leadership Programs Fund – Supports programs like NCCWSL

Gifts of \$100-\$174 confer membership in the Oregon Century Club

Gifts of \$175 or above confer membership in the Oregon Century Club Plus

Gifts of \$25 or more to either local scholarship or AAUW Funds may be designated to honor a friend or loved one.

This gift is a memorial (deceased) to \_\_\_\_\_

This gift is a tribute (living) to \_\_\_\_\_

Acknowledgement should be sent to:

Name \_\_\_\_\_

Address \_\_\_\_\_

Send this form and check to: LO AAUW, PO Box 416, Marylhurst, Oregon 97036

*Interest Group Activities***Fourth Tuesday Books  
4th Tuesday at 11:00 a.m.**

Date: November 24  
 Book: *Spool of Blue Thread* by Anne Tyler  
 Location: Szechuan Kitchen, Lake Oswego  
 For more information, contact Dixie Kroupa,  
 (503) 697-8028, dixie.kroupa@comcast.net

**Murder by the Book  
2nd Wednesday at 12:00 p.m.**

Date: November 11  
 Books: *Suspect* by Robert Crais  
 Location: 4949 Meadows Rd., Suite 200, Lake Oswego  
 Leader: Karen Rottink  
 Bring your lunch, refreshments provided.  
 For more information, contact Jane Taft, (503) 742-1653, taft.jane@gmail.com or Stephanie Carter, (971) 285-5882, secarter1@gmail.com

**Interpretive Books  
3rd Thursday at 9:30 a.m.**

Date: November 19  
 Book: *The Anthropologist* by Nicholas Baker  
 Leader: Donna Saffir  
 Hostess: Ann Keddie  
 For more information, contact Laura Eyer, (503) 982-3522, eyerlaura@gmail.com or Linda Watkins, (503) 694-2334, l.and.m.watkins@gmail.com

**Thursday Evening Books  
4th Thursday at 7:30 p.m.**

Date: December 3  
 Book: *Orphan Train* by Christina Baker Kline  
 Introduction: Judy Hale  
 Hostess: Jane Taft  
 For more information, contact Sandra Hoover,  
 (503) 707-2984, sandraleehoover@comcast.net or Suzanne Kaveckis, (503) 678-1641, smkaveckis@icloud.com

**Friday Books  
4th Friday at 10:00 a.m.**

Date: November 20 (Note change in date)  
 Book: *Storied Life of A.J. Fikry* by Gabrielle Zevin  
 Location: West Linn Public Library (Bamboo Room)  
 Leader: Irene Romero  
 For more information, contact Irene Romero,  
 (503) 657-6159, ireneromero@mac.com

**Portland Center Stage  
Date and Time Vary**

Season ticket holders for the Portland Center Stage's Thursday matinees will enjoy a year of musicals, dramas and comedies. For more information, contact Betty Barber, (503) 675-0594, barberbc@yahoo.com

**Laffalot Bridge  
2nd & 4th Mondays at 1:00 p.m.**

Date: November 9 & 23  
 If you would like to join or be added to the substitute list or for more information, contact Bettirae Willis, (503) 891-6232 (cell), bewillis@easystreet.net

**Third Wednesday Bridge  
3rd Wednesday at 1:00 p.m.**

Date: November 18  
 If you would like to be added to the substitute list, or for more information, contact Penny Hansen, (503) 636-7255, pennyhansen@comcast.net

**Delightful Dining  
Date Varies**

Date: None in November  
 Delightful Dining is the group where members share the cooking and the costs. For more information, contact Jane Taft, (503) 742-1653, taft.jane@gmail.com

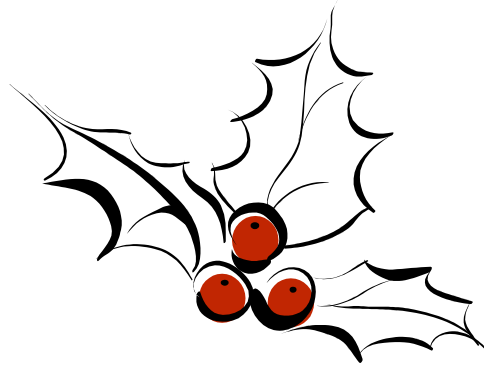
**Exploring the Northwest  
Date Varies**

Several times each year this group explores an Oregon site and enjoys a meal together. For more information, contact Sue Kinzett, (503) 706-8184 (cell), sezett@msn.com

Winter Scholarship Fundraiser  
**AAUW Holiday Gala**

Sunday, December 13, 2015  
3:00 to 5:00 p.m.

At the home of  
Karen and Bruce Rottink, 14 Touchstone, Lake Oswego



Please join us for a festive holiday party with  
food, drinks, and great company.  
Start your holiday season out right!  
Remember: Spouses and friends are welcome.

**Cost: \$17 per person**

Donations of food will be gratefully accepted. Please let Karen know if you plan on bringing food and beverages to share: [rottinkbk@comcast.net](mailto:rottinkbk@comcast.net) or (503) 636-9755.

**Reservations and checks to:**

Attn: Penny Hansen  
1491 Skye Parkway  
West Linn, OR 97068  
Email: [pennyhansen@comcast.net](mailto:pennyhansen@comcast.net)

**PLEASE: Reservations are due by Friday, December 5**

*Note: If you make a reservation, but do not come, you will be expected to pay.*

# November 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4 Board Meeting	5	6	7
8	9 Laffalot Bridge	10	11 Murder by the Book	12	13	14 Branch Meeting
15	16	17	18 Third Wednesday Bridge	19 Interpretive Books	20 Friday Books	21
22	23 Laffalot Bridge	24 Fourth Tuesday Books	25	26 Thanksgiving	27	28
29	30	1	2 Board Meeting	3 Thursday Evening Books	4	5
6	7	8	9 Murder by the Book	10	11	12

## *Books, Books, Got Any Books?*

At our February branch meeting, we will hold a book sale. Please contact Susan Hornung, [susanhornung@hotmail.com](mailto:susanhornung@hotmail.com), or Stephanie Carter, [secarter1@gmail.com](mailto:secarter1@gmail.com) about donating books.

## *AAUW'S Mission*

Advancing equity for women and girls through advocacy, education, philanthropy, and research.

## *AAUW's Value Promise*

By joining AAUW, you belong to a community that breaks through educational and economic barriers so that all women have a fair chance.

*Title IX*

by Susan Hornung

Most people think of the Title IX in relationship to sports, but it is so much more than that. It includes gender equity, dealing with bullying, and treating transgender and pregnant girls fairly.

At the AAUW National Convention in San Diego in June, they asked all of us to take a pledge to find out who our local Title IX coordinators are and to meet with them and give them updated information about their responsibilities. That is just what members of our branch did.

Karen Rottink visited Lakeridge High School, I visited Lake Oswego High School, and Carol Cooper visited Marylhurst. Judy Hale will take the same materials to the West Linn-Wilsonville superintendent's office.

Some coordinators were already in the know and had been doing the job for several years while others were new and wanted information from the AAUW website.

Lake Oswego High School has a program for autistic youth as well as a program to help mentally challenged students get experiences applicable to getting work after high school graduation. The school's engineering classes are half female students and half male.

All athletic coaches in the Lake Oswego school district must take a two hour course on gender equity and proper behavior.

Reading AAUW's 28-page explanation of Title IX responsibilities also informed our own members of the breadth of the law and why it is so important as a means of helping the mission of AAUW to promote equity for women and girls in all areas.



AAUW Lake Oswego  
P.O. Box 416  
Marylhurst, OR 97036

November 2015  
Newsletter